



INTRODUCTION:

Unplug - From faulty power sources that have given you a sense of vitality, but have failed to be a sustainable source of strength.

In life it's easy to get connected to faulty power sources. Bad relationships that become toxic hook ups of codependency. Behaviors and habits that provide instant yet temporary satisfaction. Trending places that fail to possess the substance needed for a life of fulfillment and purpose. Unplugging from these sources of inconsistent current allows you to plug into the greatest self-perpetuating power source of all, the God who created you.

DISCUSSION QUESTIONS:

1. What stood out most to you from this week's conversation entitled "Unplug"?
2. Of the four appeals of faulty power sources, which one resonated with you the most?
3. This week we discussed waiting, sourcing the source, power having purpose, and power being scalable. As you consider your connection, which of these power indicators gives you the most trouble?
4. Whether an unhealthy devotion to work, toxic relationships, or some other manifestation; how have you learned to recognize when you are connected to a faulty power source? Explain.
5. Philippians 4:13 was discussed this week, particularly the connection between empowerment and the person of Christ. When you read that passage of scripture and consider your own need for empowerment, what are some steps you and your traveling companions can take?

WEEKLY JOURNAL REFLECTION:

Meditate on Acts 1:1-9 and thank God for the promise of the Holy Spirit. In your quiet space, prayerfully consider and list the unhealthy places you may have plugged into along life's journey. Once your list is created, ask God for wisdom on what actions you should take concerning each one. Don't forget to complete your weekly homework and to check out the "Expert Roundup." All of these resources can be found at www.geremydixon.com.

